

- Courses begin the week of February 20 & last for 10 weeks unless otherwise indicated.
- Contact the Course Coordinator for classes requiring pre-registration or with a size limit.

<p>Monday</p> <p>10 am - 12 noon</p> <p>Madison Senior Center</p>	<p>Experiencing Great English Literature</p> <p>Each semester we discuss a novel, selected poetry, and a drama. The novel will be Philip Roth’s <i>American Pastoral</i>, “an elegy for the American century’s promises of prosperity, civic order, and domestic bliss,” considered one of the greatest works of American fiction in the last 25 years. Poetry will be taken from <i>The Seashell Anthology of Great Poetry</i>. The drama will be <i>A Midsummer Night’s Dream</i>, to be read less for the drama than for the dialog that includes many of Shakespeare’s most notable quotes. Our discussions are always lively!</p> <ul style="list-style-type: none"> ▪ Coordinators: Patricia Becker ptbecker@wisc.edu 833-5799 & Phil Paulson ▪ No pre-registration. ▪ Regular reading/discussion expected.
<p>Monday</p> <p>10 am - 12 noon</p> <p>Wisconsin Bank & Trust</p>	<p>Pathways to a Sustainable Planet</p> <p>This discussion group focuses on the global consumption of various forms of energy. We explore how the consequences of climate change could be mitigated by greater use of carbon-free energy sources instead of the continued use of fossil hydrocarbons. We’ll learn about nuclear and other carbon-free energy forms, and the challenges of absorbing renewable energy into the electric grid.</p> <ul style="list-style-type: none"> ▪ Coordinators: Richard Steeves coot42@gmail.com 833-5586 & Tony Praza tonypraza@gmail.com ▪ No pre-registration. ▪ Regular reading/discussion expected.
<p>Monday</p> <p>10:15 - 11:45 am</p> <p>Lakeview Public Library</p>	<p>Current Events – East with Kaffee Klatsch</p> <p>This group selects individual topics of interest from past or present media or personal experience for discussion. One member handles the presentation followed by group discussion each week. The topic is not intended to be a lecture. World migration, stem cells, and the economy of Wisconsin were some of the topics discussed last year.</p> <ul style="list-style-type: none"> ▪ Coordinator: Bill Molis wmolis2@yahoo.com 249-7713 ▪ No pre-registration required; class size limit 15-18. Contact Coordinator to register. ▪ High participation with assignments and/or presentations by participants.
<p>Monday</p> <p>1-3:00 pm</p> <p>Attic Angel Place</p>	<p>Complementary and Alternative Medicine Applied to Healthy Aging</p> <p>The purpose of the course is to evaluate complementary and alternative methods that are relevant to maintaining or improving one’s health as we age. As an occupational therapist and psychologist I have explored these topics through teaching and research. [Begins March 6; Ends May 15; No class April 3]</p> <ul style="list-style-type: none"> ▪ Coordinator: Frank Stein fstein@usd.edu 274-1242 ▪ Pre-registration required; class size limit 15. Contact Coordinator to register. ▪ Some reading/discussion expected.

<p>Monday</p> <p>1-3:00 pm</p> <p>Madison Senior Center Craft Room</p>	<p>Exploring Creativity</p> <p>No experience needed! We meet together to learn techniques for creative expression, sharing knowledge and ideas. I will demonstrate some techniques. I will be available for helping you to create art, offering insight into color theory, composition, and other aspects of art making. I encourage people to discover and develop personal art-making goals, and exchange knowledge and offer (always gentle) feedback. Above all, we gather to just enjoy a gathering of folks to play with art materials. [Note: A \$10 materials fee is requested.]</p> <ul style="list-style-type: none"> ▪ Coordinator: Diane Hughes rubyslipper1949@hotmail.com 205-2667 ▪ No pre-registration. ▪ High participation with assignments and/or presentations by participants.
<p>Monday</p> <p>1-3:00 pm</p> <p>Madison Senior Center</p>	<p>Managing Your Money</p> <p>We address current and personal money management topics of interest and importance to class members. We learn by class participation on subjects such as stock and mutual fund selection, asset allocation, and investing in the current economic climate. We also learn from the viewpoints, questions, experiences, and support of each other. While we may have experienced and knowledgeable outside speakers on economics, insurance, banking, legal, accounting, etc., the main thrust of the class remains participatory learning. We will have an exciting 10 sessions of financial discussions, presentations, questions and comments.</p> <ul style="list-style-type: none"> ▪ Contact Coordinator: Bill Horns hornswilliam@gmail.com 556-0217 ▪ No pre-registration. ▪ High participation with assignments and/or presentations by participants.
<p>Monday</p> <p>1-3:00 pm</p> <p>Fitchburg Senior Center</p>	<p>Novels Old and New</p> <p>For Spring, 2017 we will read the following novels in order: <i>The Plot Against America</i> by Philip Roth, <i>The Big Sleep</i> by Raymond Chandler, <i>LaRose</i> by Louise Erdrich, <i>The End of the Affair</i> by Graham Greene, <i>Foreign Affairs</i> by Alison Lurie, and <i>The Red Tent</i> by Anita Diamant. Please read half of the first novel for the first meeting on February 20, 2017. Join us for lively discussion and coffee, tea and treats at break time.</p> <ul style="list-style-type: none"> ▪ Coordinators: Eve Wilkie e.wilkie@icloud.com 347-0473 & Kate Dike kate.dike@wisc.edu 509-5204 ▪ No pre-registration. ▪ Regular reading/discussion expected.
<p>Monday</p> <p>1-3:00 pm</p> <p>Covenant Presbyterian Church</p>	<p>Writing Nonfiction</p> <p>Long a professional nonfiction writer, Judi will share the tips that won awards from National Press Club (for Best Consumer Journalism of 1985 and 1986) and continuing membership in Authors Guild and the American Society of Journalists and Authors. She'll help you select your best attack, create the right outline, construct a catchy beginning, organize your thoughts and roll them out. She's written on topics as diverse as scientific and medical advances for <i>Omni</i> and <i>Science Digest</i>, psychology for <i>Playgirl</i> and <i>Weight Watchers Magazine</i>, travel for <i>McCall's</i> and <i>Women's World</i>, on self-help, human interest -- and on education in nine award-winning books. Bring pen, paper, and thoughts about what you've wanted to tell others about. [Note: A \$5 book by the author is suggested and available for purchase.]</p> <ul style="list-style-type: none"> ▪ Coordinator: Judi K-Turkel judi@booksthatteach.com 231-1003 ▪ Some reading/discussion expected and High participation with assignments and/or presentations by some class members.

<p>Monday</p> <p>1:30-3:30 pm</p> <p>Madison Senior Center</p>	<p>Women’s Journeys Toward Self-Discovery: A Writing Workshop</p> <p>Writing journals and memoirs helps you shape your life story while also clarifying what it has meant to you. This class will use prompts to help you enter into your writing as a stepping-stone toward deeper self-awareness. These prompts are meant to be suggestive, and class members are free to modify them as they choose. The class will continue to build a sense of community, based on discussion in an open non-judgmental atmosphere. Discussions are based on class members’ writings, and all sharing is of course voluntary and respectful of each person’s privacy.</p> <ul style="list-style-type: none"> ▪ Coordinator: Grethe Brix-J Leer grethebrix42@gmail.com 236-0158 ▪ Pre-registration required; class size limit 15. Contact Coordinator to register. ▪ High participation with assignments and/or presentations by participants.
<p>Tuesday</p> <p>10 – 11:30 am</p> <p>Capitol Lakes</p>	<p>Alexander Technique: The Intelligent Use of Movement In Search of Self</p> <p>This eight week course is designed to acquaint participants with the tension-reducing strategies of Alexander Technique, gaining an experiential understanding of their own anatomy, and skill in receiving and using the many subtle signals that the body sends to the brain. Curiosity and enjoyment of body movement will be encouraged and an understanding of the beautiful complexity of our bodies will be developed through simple strategies. [8 Sessions: Begins February 28; Ends April 18]</p> <ul style="list-style-type: none"> ▪ Coordinator: Debby Thomas dbythom@gmail.com 241-5664 ▪ Pre-registration required; class size limit 14. Contact Coordinator to register. ▪ Regular participation/discussion expected.
<p>Tuesday</p> <p>10 am - 12 noon</p> <p>Wisconsin Bank & Trust</p>	<p>Biographies – West</p> <p>We are biography readers who enjoy sharing their experiences. Presentations are participants’ responsibility. We discover fresh facts about notable men and women from backgrounds as varied as politics, literature, art, film, theater, music, science and sports. Not all are of heroic proportions. Some of the best life stories are about people who have fallen into oblivion, but lived interesting lives. Controversial personalities add particular spice to discussions.</p> <ul style="list-style-type: none"> ▪ Coordinators: Mary Becker scrabblenutmj@gmail.com 271-3466 & Chuck Pils cmpils@sbcglobal.net 238-3089 ▪ No pre-registration. ▪ High participation with assignments and/or presentations by participants.
<p>Tuesday</p> <p>10 am - 12 noon</p> <p>The Gardens Independent Living</p>	<p>Short Stories and Essays</p> <p>For those who love reading and discussion, this is the perfect entertainment. One hour each week is devoted to a short story and an essay. There is always a lively, opinionated, and friendly atmosphere with a welcome for all participants. Come join us as we delve into the ever-fascinating world of short stories and essays created by some of the best writers who have put pen to paper. The course texts are: <i>The O. Henry Prize Short Stories 2016</i>, and <i>The Best American Essays of the Century</i>, Joyce Carol Oates, editor (2001). Read the essay “The Search for Marvin Gardens” by John McPhee and the short story “Irises” by Elizabeth Genovise for the first class.</p> <ul style="list-style-type: none"> ▪ Coordinator: Irv Klibaner ihklibaner@yahoo.com 274-4089 ▪ No pre-registration. ▪ High participation with assignments and/or presentations by participants.

<p>Tuesday</p> <p>1-3:00 pm</p> <p>State Bar of Wisconsin</p>	<p>Celebrating the Poetic Voice in Your Life</p> <p>Participants will have a chance to share the poetry/song lyrics of a favorite artist or style of their choice. The presenters will introduce and read their selections, share printed copies of the works and discuss them with the class. Each person will have a turn to be the presenter with an anticipated time slot of about 45 minutes to allow two presenters per class session. Format and etiquette of the class will be established at the first meeting. [11 Sessions; Begins February 21; Ends May 2]</p> <ul style="list-style-type: none"> ▪ Coordinators: Debbie Bissonnette mamadoodled@yahoo.com 318-0800 & Barbara Carson barb.a.carson@gmail.com ▪ Pre-registration required; class size limit 18. Contact Coordinator to register. ▪ Some reading/discussion expected and High participation with assignments and/or presentations by participants who choose to present.
<p>Tuesday</p> <p>1-3:00 pm</p> <p>Capitol Lakes</p>	<p>Contemporary Economic Issues</p> <p>Economics profoundly affects our everyday lives. We seek a better understanding but without a background in economics, many of us are left confused or misunderstand how and why many issues play out as they do. This class will study 10 basic economic principles and then each week seeks to apply them to a current real world situation for a greater understanding. The topics will be a mix of those covered last semester plus NEW topics, thus offering something beyond what we taught last semester. [11 Sessions: Begins February 28; Ends May 9]</p> <ul style="list-style-type: none"> ▪ Coordinator: Chuck Karabin ckarabin@aol.com 834-9410 ▪ Pre-registration required. Contact Coordinator to register. ▪ Regular reading/discussion expected.
<p>Tuesday</p> <p>1-3:00 pm</p> <p>Madison Senior Center</p>	<p>Greater Madison’s Diverse Populations: Community Interest, Involvement and Obligations</p> <p>This course is part guest-lectured and part participatory. By hearing what community leaders are doing to help the families and youth of minority groups in greater Madison, participants will study “hands-on” models and begin to develop a caring sense of commitment and even obligation to help out themselves.</p> <p>Speakers will be from the Black, Hispanic, Muslim, Hmong, LGBT and Disabled communities and will represent the Middleton-Cross Plains and Madison Metropolitan school districts, the Madison Police Department, the UW-Madison School of Journalism, The Young, Gifted and Black Coalition, The Schools of Hope Ameritech Project, GSAFE and City/County specialists in visual and hearing impairments, the filmmaker of <i>19</i>, <i>The Tony Robinson Shooting</i>, <i>A Case of Deadly Bias</i>, <i>Mentoring Positives</i>, Fabu, the former Poet Laureate of Madison and columnist on racial issues, <i>Escalera</i> and others. [11 Sessions: Begins February 28; Ends May 9]</p> <ul style="list-style-type: none"> ▪ Coordinator: Lewis Bosworth lewisabosworth@gmail.com 238-3648 ▪ Pre-registration required; class size limit 35. Contact Coordinator to register. ▪ Some reading/discussion expected.
<p>Tuesday</p> <p>1-3:00 pm</p>	<p>Jazz</p> <p>We are a congenial group of people who share an interest in and enjoyment of music called jazz. We have presenters from within the group as well as outside experts who share with us music ranging from early New Orleans to contemporary jazz. No musical skills are necessary – only an interest in learning</p>

<p>Wisconsin Bank & Trust</p>	<p style="text-align: right;"><i>Jazz (continued)</i></p> <p>about this truly American music genre. Class members learn about upcoming jazz events, a group outing is organized if there is enough class interest.</p> <ul style="list-style-type: none"> ▪ Coordinator: Toni Jakovec tjakovec@yahoo.com (650) 948-5831 ▪ No pre-registration. ▪ Minimal or no reading/discussion expected.
<p>Tuesday</p> <p>1:30-3:30 pm</p> <p>Ashman Public Library</p>	<p>Film History: The “Me” Generation Turns Inward</p> <p>In Spring 2017 the course will focus on Film History: From Paranoia to narcissism: the ‘Me’ generations turns inward after Vietnam and Watergate. [8 Sessions: Begins February 28; Ends April 25; No class April 4]</p> <ul style="list-style-type: none"> ▪ Coordinator: Jim O’Brien jimrobr@gmail.com 271-2808 ▪ Pre-registration required; class size limit 25. Contact Coordinator before the first class. ▪ Some reading/discussion expected.
<p>Wednesday</p> <p>10 am - 12 noon</p> <p>Madison Senior Center</p>	<p>Continuing Philosophy</p> <p>If you ever wondered “Why can’t we all just get along” join in reading and discussing Isaiah Berlin’s <i>The Crooked Timber of Humanity</i> (2nd Edition). The author proposes that there are many different ends that people may seek and still be fully rational, fully human, and reasonably capable of understanding each other. In defending the endangered values of individual liberty and moral and political plurality, he links the ideas of the past with the social and political problems of our own time while offering his ideas on how to bridge the gap between conflicting ideologies – and not a moment too soon?</p> <ul style="list-style-type: none"> ▪ Coordinators: Jim Halloran jp.hallo@tds.net 238-7201 & Ed Cothroll cothroll@tds.net 831-4493 ▪ No pre-registration. ▪ Regular reading/discussion expected.
<p>Wednesday</p> <p>10 am - 12 noon</p> <p>Capitol Lakes</p>	<p>Global Affairs and the Media</p> <p>We focus on international events and concerns, addressing United States issues only as they relate to the rest of the world. The first hour consists of a presentation by a member of the group. For the second hour all members are invited to scour various media sources for an item of global interest and bring a summary of it for discussion. In this way, we hope to increase our exposure to high-quality sources of news and information and to expand our appreciation of the importance of global affairs.</p> <ul style="list-style-type: none"> ▪ Coordinators: Johanna Chworowsky chworowsky@charter.net (920) 648-6386 & Joe Elder elder@ssc.wisc.edu 255-0533 ▪ No pre-registration. ▪ Some reading/discussion expected.
<p>Wednesday</p> <p>10 am - 12 noon</p> <p>Capitol Lakes</p>	<p>Reminiscence Writing – AM</p> <p>What are your memories? Would you like to leave a legacy for your children or grandchildren? Or would you simply like the joy of remembering? We have found that it is fun to write and entertaining to listen to one another’s remembrances. Write a memory each week and read it aloud. You will receive support and encouragement from your fellow writers.</p> <ul style="list-style-type: none"> ▪ Coordinator: Ellen Maurer eamaurer@wisc.edu 845-7164 ▪ No pre-registration. ▪ Regular reading/discussion expected.

<p>Wednesday</p> <p>1-3:00 pm</p> <p>Pinney Public Library</p>	<p>Biographies – East</p> <p>Class members may volunteer to present a biographical sketch on a person (or group) of their choice. Participants need only do a presentation once or at most twice a year. Otherwise there is no preparation or homework, just join the discussion. We learn a lot and enjoy lively discussions along with coffee and treats.</p> <ul style="list-style-type: none"> ▪ Coordinators: Vicki Ford v.ford@charter.net 850-9474 & Steve Werlein srw8407@att.net 217-3360 ▪ No pre-registration. ▪ High participation with assignments and/or presentations by participants.
<p>Wednesday</p> <p>1-3:00 pm</p> <p>Covenant Presbyterian Church</p>	<p>Current Events – West</p> <p>This is an in-depth discussion course on current events in Wisconsin, the United States and the World. Course members choose the topics which are voted on before the course begins. Each member will volunteer to lead at least one discussion. We email readings and website links prior to each discussion. Each presenter may invite a guest with some first-hand knowledge or experience on the topic for the discussion.</p> <ul style="list-style-type: none"> ▪ Coordinators: Greg Bell tgregbell@tds.net 836-9547 & Meg Taylor taylome@charter.net 206 369-3578 ▪ Pre-registration required; class size limit 20. Contact Coordinator to register. ▪ High participation with assignments and/or presentations by participants.
<p>Wednesday</p> <p>1-3:00 pm</p> <p>UW Space Place</p>	<p>Frontiers in Life Science</p> <p>This class will bring us to the “cutting edge” of scientific research. Each week a different researcher or science expert reports and discusses his or her innovations, inventions and/or discoveries. The UW Biotechnology Outreach Directory has brought a variety of researchers to this class over the past several years. Topics have included: bird flu, heart disease, cancer, aging, stem cells, DNA sequencing, nanotechnology and others. You will be able to discuss your questions and concerns with these science experts each week.</p> <ul style="list-style-type: none"> ▪ Coordinator: Paul Brandl pbrandl90@gmail.com 251-2662 ▪ No pre-registration. ▪ Minimal or no reading/discussion expected.
<p>Wednesday</p> <p>1-3:00 pm</p> <p>Neighborhood House Community Center</p>	<p>Writing Workshop</p> <p>“The scariest moment is always just before you start.” –Stephen King, <i>On Writing: A Memoir of the Craft</i>. Maybe you haven’t written the first word. Possibly you’re polishing that manuscript. Our writers group will provide you with the feedback, structure and support you need to push forward. All writers are welcome, regardless of your experience or the type of writing you wish to pursue. The class is facilitated by Andy Millman, whose work has appeared in <i>The Big Jewel</i>, <i>Zest Literary Journal</i>, <i>Black Heart Magazine</i>, <i>Flash Fiction Magazine</i>, <i>The Helix</i>, and <i>Pif Magazine</i>. [12 Sessions: Begins February 22; Ends May 10]</p> <ul style="list-style-type: none"> ▪ Coordinator: Andy Millman andy@neighborhoodhousemadison.org 255-5337 ▪ Pre-registration required; class size limit 14. Contact Coordinator to register. ▪ Regular writing/discussion expected.
<p>Wednesday</p>	<p>Life Maps: The Search for Meaning in the Modern Arts</p> <p>This class is designed for people interested in modern literature, film, music and the visual arts, and who want to explore connections between works of art and their own life searches. Both parts of this dialogue are equally important, and can elicit deeper meanings from the works and our own lives. This</p>

<p>1:30-3:30 pm</p> <p>Madison Senior Center</p>	<p style="text-align: right;"><i>Life Maps (continued)</i></p> <p>spring, we'll explore films by Federico Fellini, and focus on his themes of alienation and staying connected to life's mysteries and potential beauty. Films will include <i>La Strada</i>, <i>8 1/2</i>, <i>Juliet of the Spirits</i>, <i>Amarcord</i> and either <i>La Dolce Vita</i> or <i>Ginger and Fred</i>.</p> <ul style="list-style-type: none"> ▪ Coordinator: Norman Leer normanleer@att.net 236-0158 ▪ Pre-registration required; class size limit 20. Contact Coordinator before the first class to register. ▪ Regular reading/discussion expected.
<p>Wednesday</p> <p>1:30-3:30 pm</p> <p>Madison Senior Center</p>	<p>Reminiscence Writing – PM</p> <p>Participants write stories about their pasts and share them with the class. Sometimes they're funny; sometimes they're sad; and sometimes they're fleeting memories that we want to capture with our pencils. We choose our topics from our childhood, our family life and our careers to express who we are. No experience required!</p> <ul style="list-style-type: none"> ▪ Coordinator: Judy Havens judyandpeteh@charter.net 443-0777 ▪ No pre-registration. ▪ High participation with assignments and/or presentations by participants.
<p>Wednesday</p> <p>2-3:30 pm</p> <p>Chazen Museum of Art</p>	<p>Discovering Art at the Chazen Museum – 20th and 21st Century Art</p> <p>Explore art in the historical and social context in which it was created with experienced, dedicated docents. Each session will be presented by a different Chazen docent. The docents have in depth training and expertise in the medium, period and artistic style they will be discussing. They share their knowledge and encourage understanding through discussion during the following 6 sessions: Socialist Realism, The Lane Collection of 20th Century Art, Midwest Surrealism, Contemporary Art, and 20th Century Glass and the Hootkin Ceramic Sculpture Collection, Parts 1 and Part 2. [6 Sessions: Begins April 5; Ends May 10]</p> <ul style="list-style-type: none"> ▪ Coordinator: Annette Felice an.m.felice@gmail.com 831-3735 ▪ Pre-registration required; class size limit 20. Contact Coordinator to register. ▪ Some discussion expected.
<p>Thursday</p> <p>9:30 am - 12 noon</p> <p>Capitol Lakes, Grand Hall</p>	<p>International Film Festival</p> <p>Four films from China. Five, if you include Hong Kong and Mongolia. And <i>they</i> do! Free parking across the street from Capitol Lakes, treats during the break, and comments from Bob Fry and Jim O'Brien. Come early!</p> <ul style="list-style-type: none"> ▪ Coordinators: Jim O'Brien jimrobr@gmail.com 271-2808 & Bob Fry bobfry40@hotmail.com 233-0622 & ▪ No pre-registration. ▪ Minimal or no reading/discussion expected.
<p>Thursday</p> <p>9:30-11:30 am</p> <p>Madison Christian Community</p>	<p>What in the World Happened</p> <p>We welcome all who have an interest in history and are open to discussions of all its aspects whether they cover recent or ancient times or local, state, national or international events and issues. Some of the topics to be presented this spring are: The Cyber Wars, The Johnstown Flood, Cambodia, The U.S. Coast Guard, and the Salem Witch Trials. We have an hour or so presentation, a social break for coffee and treats, followed by a Q and A session.</p> <ul style="list-style-type: none"> ▪ Coordinator: Bruce Gregg mbgregg@tds.net 231-1109 ▪ No pre-registration. ▪ Some reading/discussion expected.

<p>Thursday</p> <p>10 am - 12 noon</p> <p>Madison Senior Center</p>	<p>Physics and Society: Ethics, Science and Technology</p> <p>We will explore the intended and unintended consequences of scientific knowledge. Particularly the ethics of the technology that emerges from them. The reference will be the new book by Sheila Jasanoff entitled <i>The Ethics of Invention: Technology and the Human Future</i> (W. W. Norton and Co.) [9 Sessions: No class March 23]</p> <ul style="list-style-type: none"> ▪ Coordinator: Don Reeder reeder@hep.wisc.edu 238-3903 ▪ No pre-registration. ▪ Some reading/discussion expected.
<p>Thursday</p> <p>10 am - 12 noon</p> <p>UW South Madison Partnership</p>	<p>Injustice and Inequality in Madison, Wisconsin (V)</p> <p>This course continues to explore how racial injustice and inequality affects us and how we can effect change. It will focus on the historical, cultural, social and political experience of Latino (Spanish-speaking) people in Madison, the state and nation. New course members encouraged to join. See Syllabus for details (available on the PLATO website or request from the Course Coordinator).</p> <p>Note: Registration is open to all PLATO members. Completion of a course Registration Form is required. (See online course description or contact the Coordinator to request a print copy.) Email the completed form to rickorton@tds.net. Registration deadline: Wed., February 15, 2017. Participants will be notified of acceptance into the course no later than Fri., February 17.</p> <ul style="list-style-type: none"> ▪ Coordinator: Rick Orton rickorton@tds.net 271-9219 ▪ Pre-registration required (deadline: February 15). ▪ High participation with class discussion on reading assignments and guest presentations.
<p>Thursday</p> <p>10 am - 12 noon</p> <p>Madison Senior Center</p>	<p>Readings in the Science of Happiness – <i>Hardwiring Happiness</i></p> <p>We will be reading and discussing the book, <i>Hardwiring Happiness: The New Brain Science of Contentment, Calm and Confidence</i> by Rick Hanson, PhD. Here is a review from Amazon, "In this remarkable book, one of the world's leading authorities on mind training shows how to cultivate the helpful and good within us. In a beautifully written and accessible way, Rick Hanson offers us an inspiring gift of wise insights and compassionate and uplifting practices that will be of enormous benefit to all who read this book. A book of hope and joyfulness."--Paul Gilbert, Ph.D., O.B.E., Professor, University of Derby, author of <i>The Compassionate Mind</i>. We read and discuss one chapter/week using a discussion guide. Reading and participation are required. [11 Sessions: Begins February 23; Ends May 4]</p> <ul style="list-style-type: none"> ▪ Coordinator: Jan Fulwiler jfulwiler@att.net 831-4073 ▪ Pre-registration required; class size limit 25. Contact Coordinator to register. ▪ Regular reading/discussion expected.
<p>Thursday</p> <p>1-3:00 pm</p> <p>Museums and studios in Madison</p> <p>(1st meeting location: MMoCA Conference Room)</p>	<p>Art Museums</p> <p>Members of this class will visit various museums and other art venues in Madison, such as MMoCA, Madison Public Library, the Chazen, and Edgewood STREAM. Each week we will have someone familiar with the works talk to us - this may be a docent, curator or the artist. Discussion during and after is encouraged. [8 Sessions: Begins February 23; Ends April 13]</p> <p>Please note: Registration for this class is limited to ONLY one semester unless instructor permission is granted. This system helps to include as many PLATO members as possible.</p> <ul style="list-style-type: none"> ▪ Coordinator: Martha Moye mmmmoye@gmail.com 695-9604 ▪ Pre-registration required; class size limit 30. Contact Coordinator to register. ▪ Minimal or no reading/discussion expected.

<p>Thursday</p> <p>1-3:00 pm</p> <p>Oakwood Village – University Woods</p>	<p>A Leisurely Walk Through American History</p> <p>The term will begin with the Stock Market crash of 1929. It will then discuss the efforts of Herbert Hoover and Franklin Roosevelt to combat the Depression. Turning to foreign policy, the lectures will trace the rise of Nazi Germany and Fascist Italy in Europe and Japanese aggressions in the Far East. We will discuss the differences in the two theaters of war. We will then follow military strategy and the fighting to the end of the war in 1945. Readings are recommended, but not required. [11 Sessions: Begins February 23; Ends April 27]</p> <ul style="list-style-type: none"> ▪ Coordinator: Norman Risjord risjord@yahoo.com 233-2526 ▪ No pre-registration. ▪ Minimal or no reading/discussion expected.
<p>Thursday</p> <p>1-2:45 pm</p> <p>Oakwood Village – Prairie Ridge</p>	<p><i>The Surveillance State: Big Data, Freedom, and You</i></p> <p>Join us to learn some history of surveillance, to increase your awareness of the related present-day problems and to discuss world issues raised by the combination of surveillance and technology. Using the Great Courses video series by Prof. Paul Rosenzweig, of George Washington University Law School, we will watch one 30-minute lecture per meeting and spend the rest of the time discussing the topics which include: Liberty, Security, Privacy; East Germany’s Stasi State; The U.S. Spy Network; The Charlie Hebdo Affair; Geolocation; The First Amendment; The Panopticon Effect. We offer a comfortable and inviting space on the east side and welcome newcomers.</p> <ul style="list-style-type: none"> ▪ Coordinator: Jean Taffs taffs.jean413@gmail.com 230-3099 ▪ Pre-registration required; class size limit 20. Contact Coordinator to register. ▪ Some reading/discussion expected.
<p>Thursday</p> <p>1:30-3:30 pm</p> <p>Madison Senior Center</p>	<p>The Play’s the Thing</p> <p>Each semester we read (aloud) and discuss 3 or 4 plays using an integrated approach which allows everyone to participate. A brief background of each play and playwright is presented by a volunteer from the group. Since we must purchase the scripts, there is a small cost (as yet undetermined) for materials. This semester we’ll read <i>Cat on A Hot Tin Roof</i> by Tennessee Williams, <i>Cymbeline</i> by William Shakespeare, <i>The Farnsworth Invention</i> by Aaron Sorkin, and if time allows, <i>The Inspector General</i> by Nikolai Gogol.</p> <ul style="list-style-type: none"> ▪ Coordinator: Karine Brager okbrager@gmail.com 833-7201 ▪ Pre-registration required; class size limit 20. Contact Coordinator to register. ▪ High participation with assignments and/or presentations by participants.
<p>Thursday</p> <p>1:30-3:30 pm</p> <p>Covenant Presbyterian Church</p>	<p>We Love a Mystery</p> <p>The focus of this course is to read and critique contemporary mystery novels and short stories. Members take turns leading the discussions focusing on the author, the setting, character and plot development, and story conclusion. Books and stories are chosen at the end of each semester for the next semester. Full-length novels alternate weekly with short stories. The first novel is <i>Zero Day</i> by David Baldacci. The short stories are selected from the short story anthology <i>The Best American Mystery Stories 2011</i>. Novels are available from the South Central Library System. Anthologies are usually purchased. Limited photo-copying is expected.</p> <ul style="list-style-type: none"> ▪ Coordinator: Barbara Evans evansbj@charter.net 833-6822 ▪ Pre-registration required; class size limit 18. Contact Coordinator to register. ▪ High participation with assignments and/or presentations by participants.

<p>Friday</p> <p>10 am - 12:00 noon</p> <p>Fitchburg Senior Center</p>	<p>Reading Joseph Conrad</p> <p>"The mind of man is capable of anything - because everything is in it..." We will ponder these words from Joseph Conrad's <i>Heart of Darkness</i> as we read this classic novel. We will then read another of Conrad's works which will be selected during the first class meeting. It is important that we all use the same text as reference will regularly be made to specific page numbers. We will be using the Penguin Classics edition of <i>Heart of Darkness</i> with ISBN number 9780141441672. For the first class meeting please read Chapter I (pages 3- 37).</p> <ul style="list-style-type: none"> ▪ Coordinators: John Kinar jrkinar@charter.net 238-2826 & Jan Kinar ▪ Pre-registration required; class size limit 14. Contact Coordinators to register. ▪ Regular reading/discussion expected.
<p>Friday</p> <p>10 am - 12:00 noon</p> <p>Capitol Lakes</p>	<p>Travel</p> <p>Ever dreamed of or reminisced about your travel adventures? If so, climb aboard our PLATO jumbo jet--first class seating for everyone--as we relax and enjoy our global arm chair journeys. Share your own travel experiences, new or old, join in discussions, or just enjoy meeting new travel friends and experiencing their exciting stories first hand. No reservations necessary. A-V equipment is available at Capitol Lakes as well as hook-ups for your own PC, and peer assistance. This Spring we'll be visiting places all around the world. See you there. Don't miss the flight! [9 sessions: Begins Feb. 24; Ends April 21]</p> <ul style="list-style-type: none"> ▪ Coordinators: Leslie Larsen lmarsen45@gmail.com 274-8002 & Brent Larsen ▪ No pre-registration. ▪ Minimal reading/discussion expected OR High participation with assignments and/or presentations by participants.
<p>Friday</p> <p>1-3:00 pm</p> <p>Madison Senior Center</p>	<p>The Bible and Its Critics, Part 2</p> <p>We continue our four-part course focusing this term on the gospels of Mark and Matthew as viewed by scholars in the tradition of the Higher Criticism. We watch DVD lectures on these topics by professors Bart Ehrman and Glenn Holland. We also read excerpts from the writings of a variety of Bible scholars and historians. These authors include Ehrman and Holland as well as Reza Aslan, Uta Ranke-Heinemann, Hans Küng, Albert Schweitzer, Tyler Roberts, Elaine Pagels and many others. Please join us for open-minded, tolerant and stimulating discussion. All opinions are welcome. [11 Sessions: Begins February 17; Ends April 28]</p> <ul style="list-style-type: none"> ▪ Coordinator: Tom Schlicht 831-6593 ▪ Pre-registration required; class size limit 25. Contact Coordinator to register. ▪ Regular reading/discussion expected.
<p>Friday</p> <p>1:30 – 3:00 pm</p> <p>Wisconsin Historical Museum</p>	<p>Wisconsin Maritime History</p> <p>From the lighthouses of Door County to Admiral Henry Bayfield, the Great Lakes have been central to Wisconsin's story. This course will explore the maritime history of Wisconsin featuring lumbering, navigation, and the Coast Guard. [9 Sessions: Begins February 17; Ends April 14]</p> <ul style="list-style-type: none"> ▪ Coordinator: Hank Whipple hwhipple7854@att.net 249-7773 ▪ Pre-registration required; class size limit 25. Contact Coordinator to register. ▪ Minimal or no reading/discussion expected.

✦ COURSE LOCATIONS ✦	
Ashman Branch Public Library: 733 N. High Point Rd.	Madison Senior Center: 330 W. Mifflin St.
Attic Angel Place: 8301 Old Sauk Rd.	Neighborhood House Community Center: 29 S. Mills St. (Free parking behind the building)
Capitol Lakes: 333 W. Main St.	Oakwood Village –Prairie Ridge (East): 5565 Tancho Dr.
Chazen Museum of Art: 800 University Ave.	Oakwood Village –University Woods (West): 6201 Mineral Point Rd.
Covenant Presbyterian Church: 326 S. Segoe Rd.	Pinney Branch Public Library: 204 Cottage Grove Rd.
Fitchburg Senior Center: 5510 E. Lacy Rd.	State Bar of Wisconsin: 5302 Eastpark Blvd.
The Gardens Independent Living: 602 N. Segoe Rd.	UW South Madison Partnership, Villager Mall: 2312 S. Park St.
Lakeview Branch Public Library: 2845 N. Sherman Ave.	UW Space Place, Villager Mall: 2300 S. Park St.
MMoCA (Madison Museum of Contemporary Art): 227 State St.	Wisconsin Bank & Trust: 8240 Mineral Point Rd.
Madison Christian Community: 7118 Old Sauk Rd.	Wisconsin Historical Museum: 30 N. Carroll St.



PLATO Spring 2017 Open House Course PREVIEW

Talk with Course Coordinators & meet other PLATO members!

Wednesday, February 15th between 1:30 – 3:00 pm

Madison Senior Center 330 W. Mifflin St.



PLATO IS A COMMUNITY OF INTELLECTUALLY CURIOUS ADULTS, TYPICALLY 50 & OVER, WHICH EXPLORES SUBJECTS OF INTEREST THROUGH MEMBER-LED DISCUSSION GROUPS, LECTURES, TRAVEL, & CULTURAL ACTIVITIES.

PLATO Program, University of Wisconsin-Madison Continuing Studies

21 N. Park St, 7th Floor Madison, WI 53715-1218

web: www.platomadison.org email: info@platomadison.org telephone: 262-5823